**Participant Training Information**

**This form should be sent to all participants before they attend a PRICE Training course.**

Dear participant, we would like to welcome you to our course. In preparation for your attendance, this document should provide you with all the essential information you need to arrive fully prepared.

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| Date |  |
| Venue & Location |  |
| Duration |  |
| Timings | 09:00 – 4:30 pm |
| Refreshment/lunch arrangements |  |

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| **General** |
| Participants will gain a detailed understanding of the underlying causes of challenging behaviour and what steps can be taken to reduce the likelihood of such behaviours occurring in the first instance, as well as a range of restraint reduction strategies. |

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| **Theory Overview** |
| It is essential that all participants establish a sound value and knowledge base before being trained in any physical intervention techniques or restrictive practices. The course will contain at least 12 hours of theory (unless stated otherwise) and particular focus will be placed upon (but not limited to):   * A human rights-based approach * Understanding behaviour; Positive Behaviour Support & trauma informed practice * Primary and secondary strategies * Legal framework * Risks related to restraint * Restraint reduction strategies and reflective practice |

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| **Course Activity** |
| PRICE Training courses involve both classroom-based teaching as well as practical training that requires physical activity.  The course recognises the wealth of experience a group of practitioners can bring to the learning environment and with their full collective participation; the learning outcomes are often exceeded.  The teaching methodology is geared towards creating a positive, engaging, and interactive learning environment. Instructors try and avoid the ‘chalk and talk’ approach as our experience has demonstrated that often adult learners do not engage well with a passive learning experience.  Instead, our training utilises a range of teaching methods and activities. These include experiential learning exercises, practice-based simulations, opportunities for group discussion, audio and visual presentations, scenario work and sector-specific case examples.  The training of physical techniques are conducted under calm, controlled conditions as this enhances both skill development and skill retention. |

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| **Timings** |
| The course will start promptly. In the event you have to leave early, please notify the Instructor as soon as possible. Participants are expected to be punctual and attend the entire duration of the course.  There will be two comfort breaks scheduled throughout the day and a 45 minute lunch break. Times may vary slightly.  In the event that participants are not able to attend the entire duration of the course, the Instructor will determine whether you can be assessed as competent as a result of periods of absence. |

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| **Physical Requirements** |
| When learning and practicing the physical techniques included in the course, most are passively practised (with little or no resistance) either in a standing or occasionally seated position. However, participants will be required to be able to move from a kneeling to standing position (and vice versa) as part of one motion.   * Your Instructor will prepare all participants with a ‘warm-up’ prior to engaging in physical techniques and your degree of participation in the warm-up should be confined to your own judgement of what is safe and comfortable for you. Participants take responsibility for knowing their own physical limitations in relation to the learning and practising of physical techniques as well as regard for the safety of fellow participants.   If you have any health concerns, illness, injury or condition which may affect your ability to participate, please raise this with your manager prior to attending the course, then please inform us as soon as possible.  If you develop a health concern in the period of time immediately prior to the course commencing (e.g. day before or on the day), please raise this with your Instructor upon arrival. Your Instructor will make an assessment as to whether you can fully, partly, or not at all, participate in the course.  Please also inform us (at least 2 weeks prior to course commencement) of any information that may affect your ability to fully participate in the course in order for us to make reasonable adjustments to the course delivery.  For example, but not limited to:   * communication, visual or hearing assistance * medication arrangements * religious observance * dietary needs   Finally, it is essential that you inform your Instructor from the onset, if you have any physical limitations to participate in any part of the course or feel you are unable to or are reluctant to participate/assist with physical demonstrations for any reason. |

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| **Assessment** |
| The assessment process seeks to establish participants as ‘competent’ or ‘not competent’ via a comprehensive observation criterion throughout the duration of the course and monitored by your Instructor.  Where a trainee falls marginally below the standard of ‘competent’, your Instructor may recommend a development plan that specifies what action is required to meet the standard. PRICE Training endeavours to work with such individuals to achieve a competent standard.  It is a requirement of PRICE Training that you participate in an annual refresher course. |

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| **Conduct** |
| PRICE Training promotes an anti-discriminatory approach to its training and participants are required to conduct themselves in a professional and appropriate manner at all times.  Your Instructor reserves the right to exclude anyone from the training course for any reasons that he/she believes is unacceptable or incompatible with the values of PRICE Training.   * If you have concerns about the conduct or attitude of any fellow participants during the training you must notify your Instructor. * No food (including chewing gum) should be consumed while actively involved in the training. |

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| **Suitable Clothing** |
| Please ensure that you wear comfortable clothing and footwear e.g. track suit bottoms, t-shirt/sweat-top and training shoes. By the very nature of the course, clothing can and may be grabbed or pulled, therefore please factor this hazard into your choice of garments.  It also recommended that you do not bring any jewellery (watches, bracelets, rings necklace’s etc) to the course to avoid any damage or loss. In the event you do have jewellery that cannot be removed, it is important to ensure it does not cause harm to yourself or others when engaging in the physical technique training.  PRICE Training does not accept any responsibility for damage to clothing, personal items or belongings and it is the individual’s responsibility to keep their belongings safe. |

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| **Feedback – this only applies to courses delivered directly by PRICE Training** |
| As part of our quality assurance process, we ask you to provide feedback at the end of your course, either on our Training Evaluation form, or by video on our virtual courses.  Your comments are valuable to us as it helps to inform the development and delivery of our course content. We may use extracts from feedback provided in promotional material and on our website. If you have any objection to this, please let us know at [admin@pricetraining.co.uk](mailto:admin@pricetraining.co.uk) |